Our Bones



What do you know about bones?

Lexile Level: 220-500

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Your Bones

There are soft and hard parts in our bodies. The hard parts are called bones.

Everyone you know has bones. Even teeth are bones.



Bones are beneath the skin.



Teeth are the bones we can see.

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Big and Small Bones

There are big bones and small bones. The smallest bone is in the ear.

Look at the picture. It gives you a hint about where to find the biggest bone.



This bone is smaller than your fingertip.



The thigh bone is long and strong.

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Broken Bones

Bones are hard but they can break.

A broken bone is painful. When you break an arm or leg, a doctor gives you a cast. It takes time for our bones to heal.



Have you ever broken a bone?



Sometimes bones heal without a cast.

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Your Skeleton

There are more than 200 bones in your body. Together, they make up your skeleton.

Bones are cool, aren't they? We must care for our bones. We need them!



Your skeleton changes as it grows.



What do you do to keep your bones healthy?

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